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Bipolar II	Token Economy	PTSD	Free Association	Hallucinations
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WITTY — *two games, one board*

Unit 5B · Disorders & Treatment · Two players · Four games of Four in a Row, or two games of Fox

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If you can match, you must. If none of your three cards match, put all three on the bottom, draw three, and your turn ends.

GAME ONE

FOUR IN A ROW

Fold the sheet, lay it flat between you, and play on the top face. Each player needs a different colored pencil.

YOUR TURN

Mark the square you matched. That square is yours.

WINNING

Four squares in a row — across, down, or diagonal. The FREE square counts toward both players' lines.

Board full with no line: draw.

Call it out: **"Witty!"**

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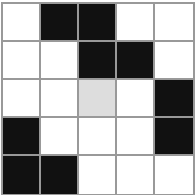
GAME TWO

FOX

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SETUP

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One way to place 4, 3, and 2.
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ANSWER KEY — *Disorders & Treatment*

Unit 5B · 24 terms · Alphabetical

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Anorexia Nervosa

Extreme food restriction and very low weight, driven by fear of gaining.

Autism Spectrum Disorder

Developmental condition with difficulty in social communication and repetitive, restricted behaviors.

Biofeedback

Using monitoring devices and conditioning to help clients regulate bodily functions.

Bipolar I

Full manic episodes lasting a week or more, often alternating with depression.

Bipolar II

Milder, briefer hypomanic episodes alternating with depression, without full mania.

Bulimia Nervosa

Binge eating followed by purging or other efforts to prevent weight gain.

Cognitive Triad

Negative thoughts about oneself, the world, and the future.

Delusions

False beliefs held firmly, such as being persecuted or having special greatness.

ECT

Treatment for severe depression using electric current to induce a brief seizure.

Free Association

Saying whatever comes to mind without censoring, to uncover unconscious thoughts.

GAD

Prolonged, nonspecific fear or worry not tied to one object or event.

Hallucinations

False perceptions, such as hearing voices that no one else hears.

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Major Depression

Low mood or lost interest plus other symptoms for two weeks.

OCD

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Panic Disorder

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Persistent Depression

Chronic low mood on most days for two years or longer.

Person-Centered Therapy

Humanistic approach built on active listening and unconditional positive regard.

PTSD

Flashbacks, hypervigilance, and insomnia following a terrifying or horrific event.

Schizophrenia

Break from reality with disorganized speech, possibly tied to dopamine imbalance.

Social Anxiety Disorder

Intense fear of being judged or scrutinized by other people.

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Gradually pairing relaxation with feared stimuli, from least to most frightening.

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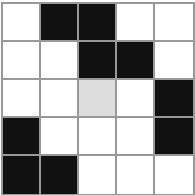
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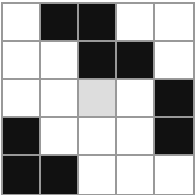
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ANSWER KEY — *Disorders & Treatment*

Unit 5B · 24 terms · Alphabetical

ADHD

Developmental condition of age-inappropriate distractibility, impulsiveness, and excessive restlessness.

Anorexia Nervosa

Extreme food restriction and very low weight, driven by fear of gaining.

Autism Spectrum Disorder

Developmental condition with difficulty in social communication and repetitive, restricted behaviors.

Biofeedback

Using monitoring devices and conditioning to help clients regulate bodily functions.

Bipolar I

Full manic episodes lasting a week or more, often alternating with depression.

Bipolar II

Milder, briefer hypomanic episodes alternating with depression, without full mania.

Bulimia Nervosa

Binge eating followed by purging or other efforts to prevent weight gain.

Cognitive Triad

Negative thoughts about oneself, the world, and the future.

Delusions

False beliefs held firmly, such as being persecuted or having special greatness.

ECT

Treatment for severe depression using electric current to induce a brief seizure.

Free Association

Saying whatever comes to mind without censoring, to uncover unconscious thoughts.

GAD

Prolonged, nonspecific fear or worry not tied to one object or event.

Hallucinations

False perceptions, such as hearing voices that no one else hears.

Lithium

Mood-stabilizing medication used to treat bouts of mania and depression.

Major Depression

Low mood or lost interest plus other symptoms for two weeks.

OCD

Intrusive thoughts paired with repetitive behaviors performed to relieve them.

Panic Disorder

Recurring unexpected surges of overwhelming fear with racing heart and dread.

Persistent Depression

Chronic low mood on most days for two years or longer.

Person-Centered Therapy

Humanistic approach built on active listening and unconditional positive regard.

PTSD

Flashbacks, hypervigilance, and insomnia following a terrifying or horrific event.

Schizophrenia

Break from reality with disorganized speech, possibly tied to dopamine imbalance.

Social Anxiety Disorder

Intense fear of being judged or scrutinized by other people.

Systematic Desensitization

Gradually pairing relaxation with feared stimuli, from least to most frightening.

Token Economy

Rewarding desired behaviors with points or chips later exchanged for prizes.

WITTY · DISORDERS & TREATMENT

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WITTY — *two games, one board*

Unit 5B · Disorders & Treatment · Two players · Four games of Four in a Row, or two games of Fox

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Board full with no line: draw.

Call it out: **"Witty!"**

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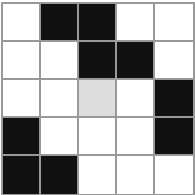
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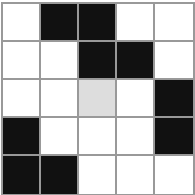
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WITTY — *two games, one board*

Unit 5B · Disorders & Treatment · Two players · Four games of Four in a Row, or two games of Fox

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GAME ONE

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YOUR TURN

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Four squares in a row — across, down, or diagonal. The FREE square counts toward both players' lines.

Board full with no line: draw.

Call it out: **"Witty!"**

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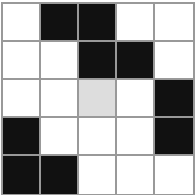
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FOX

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ANSWER KEY — *Disorders & Treatment*

Unit 5B · 24 terms · Alphabetical

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Anorexia Nervosa

Extreme food restriction and very low weight, driven by fear of gaining.

Autism Spectrum Disorder

Developmental condition with difficulty in social communication and repetitive, restricted behaviors.

Biofeedback

Using monitoring devices and conditioning to help clients regulate bodily functions.

Bipolar I

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Bipolar II

Milder, briefer hypomanic episodes alternating with depression, without full mania.

Bulimia Nervosa

Binge eating followed by purging or other efforts to prevent weight gain.

Cognitive Triad

Negative thoughts about oneself, the world, and the future.

Delusions

False beliefs held firmly, such as being persecuted or having special greatness.

ECT

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Free Association

Saying whatever comes to mind without censoring, to uncover unconscious thoughts.

GAD

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Hallucinations

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Lithium

Mood-stabilizing medication used to treat bouts of mania and depression.

Major Depression

Low mood or lost interest plus other symptoms for two weeks.

OCD

Intrusive thoughts paired with repetitive behaviors performed to relieve them.

Panic Disorder

Recurring unexpected surges of overwhelming fear with racing heart and dread.

Persistent Depression

Chronic low mood on most days for two years or longer.

Person-Centered Therapy

Humanistic approach built on active listening and unconditional positive regard.

PTSD

Flashbacks, hypervigilance, and insomnia following a terrifying or horrific event.

Schizophrenia

Break from reality with disorganized speech, possibly tied to dopamine imbalance.

Social Anxiety Disorder

Intense fear of being judged or scrutinized by other people.

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Gradually pairing relaxation with feared stimuli, from least to most frightening.

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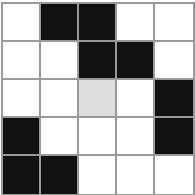
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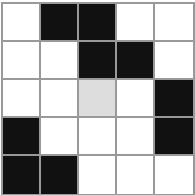
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Developmental condition with difficulty in social communication and repetitive, restricted behaviors.

Biofeedback

Using monitoring devices and conditioning to help clients regulate bodily functions.

Bipolar I

Full manic episodes lasting a week or more, often alternating with depression.

Bipolar II

Milder, briefer hypomanic episodes alternating with depression, without full mania.

Bulimia Nervosa

Binge eating followed by purging or other efforts to prevent weight gain.

Cognitive Triad

Negative thoughts about oneself, the world, and the future.

Delusions

False beliefs held firmly, such as being persecuted or having special greatness.

ECT

Treatment for severe depression using electric current to induce a brief seizure.

Free Association

Saying whatever comes to mind without censoring, to uncover unconscious thoughts.

GAD

Prolonged, nonspecific fear or worry not tied to one object or event.

Hallucinations

False perceptions, such as hearing voices that no one else hears.

Lithium

Mood-stabilizing medication used to treat bouts of mania and depression.

Major Depression

Low mood or lost interest plus other symptoms for two weeks.

OCD

Intrusive thoughts paired with repetitive behaviors performed to relieve them.

Panic Disorder

Recurring unexpected surges of overwhelming fear with racing heart and dread.

Persistent Depression

Chronic low mood on most days for two years or longer.

Person-Centered Therapy

Humanistic approach built on active listening and unconditional positive regard.

PTSD

Flashbacks, hypervigilance, and insomnia following a terrifying or horrific event.

Schizophrenia

Break from reality with disorganized speech, possibly tied to dopamine imbalance.

Social Anxiety Disorder

Intense fear of being judged or scrutinized by other people.

Systematic Desensitization

Gradually pairing relaxation with feared stimuli, from least to most frightening.

Token Economy

Rewarding desired behaviors with points or chips later exchanged for prizes.

WITTY · DISORDERS & TREATMENT

Developmental condition of age-inappropriate distractibility, impulsiveness, and excessive restlessness.

WITTY · DISORDERS & TREATMENT

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Systematic Desensitization	Persistent Depression	Schizophrenia	ADHD	Person-Centered Therapy
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WITTY — *two games, one board*

Unit 5B · Disorders & Treatment · Two players · Four games of Four in a Row, or two games of Fox

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Play one by matching it to a term on the board and say the term out loud. The card you played goes to the discard pile. The other two go to the bottom of the deck.

If you can match, you must. If none of your three cards match, put all three on the bottom, draw three, and your turn ends.

GAME ONE

FOUR IN A ROW

Fold the sheet, lay it flat between you, and play on the top face. Each player needs a different colored pencil.

YOUR TURN

Mark the square you matched. That square is yours.

WINNING

Four squares in a row — across, down, or diagonal. The FREE square counts toward both players' lines.

Board full with no line: draw.

Call it out: **"Witty!"**

FOUR TO A SHEET

Fold, play the top face, then turn to the next face. Four faces, four games, two layouts.

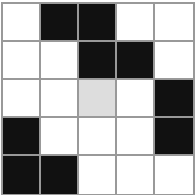
GAME TWO

FOX

Each player needs a sheet of their own. Fold it and stand the top half up so it faces you and hides the bottom half.

SETUP

On your bottom grid, shade three shapes: one of **4** squares, one of **3**, one of **2**. Each shape's squares must touch edge to edge. Shapes may not overlap and may not use FREE.



One way to place 4, 3, and 2.
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ANSWER KEY — *Disorders & Treatment*

Unit 5B · 24 terms · Alphabetical

ADHD

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Anorexia Nervosa

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Autism Spectrum Disorder

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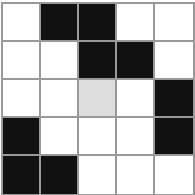
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Anorexia Nervosa	Bulimia Nervosa	Major Depression	Social Anxiety Disorder	Free Association
Bipolar I	Persistent Depression	FREE	ECT	Bipolar II
Biofeedback	GAD	Autism Spectrum Disorder	Token Economy	PTSD
Person-Centered Therapy	Cognitive Triad	Hallucinations	ADHD	OCD

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WITTY — *two games, one board*

Unit 5B · Disorders & Treatment · Two players · Four games of Four in a Row, or two games of Fox

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GAME ONE

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Board full with no line: draw.

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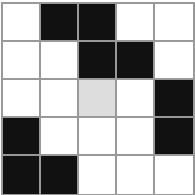
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FOX

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ANSWER KEY — *Disorders & Treatment*

Unit 5B · 24 terms · Alphabetical

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Anorexia Nervosa

Extreme food restriction and very low weight, driven by fear of gaining.

Autism Spectrum Disorder

Developmental condition with difficulty in social communication and repetitive, restricted behaviors.

Biofeedback

Using monitoring devices and conditioning to help clients regulate bodily functions.

Bipolar I

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Bipolar II

Milder, briefer hypomanic episodes alternating with depression, without full mania.

Bulimia Nervosa

Binge eating followed by purging or other efforts to prevent weight gain.

Cognitive Triad

Negative thoughts about oneself, the world, and the future.

Delusions

False beliefs held firmly, such as being persecuted or having special greatness.

ECT

Treatment for severe depression using electric current to induce a brief seizure.

Free Association

Saying whatever comes to mind without censoring, to uncover unconscious thoughts.

GAD

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Hallucinations

False perceptions, such as hearing voices that no one else hears.

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Major Depression

Low mood or lost interest plus other symptoms for two weeks.

OCD

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Panic Disorder

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Persistent Depression

Chronic low mood on most days for two years or longer.

Person-Centered Therapy

Humanistic approach built on active listening and unconditional positive regard.

PTSD

Flashbacks, hypervigilance, and insomnia following a terrifying or horrific event.

Schizophrenia

Break from reality with disorganized speech, possibly tied to dopamine imbalance.

Social Anxiety Disorder

Intense fear of being judged or scrutinized by other people.

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Gradually pairing relaxation with feared stimuli, from least to most frightening.

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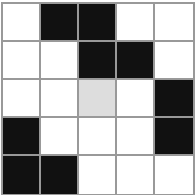
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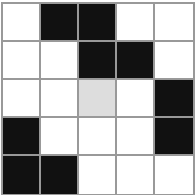
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False perceptions, such as hearing voices that no one else hears.

Lithium

Mood-stabilizing medication used to treat bouts of mania and depression.

Major Depression

Low mood or lost interest plus other symptoms for two weeks.

OCD

Intrusive thoughts paired with repetitive behaviors performed to relieve them.

Panic Disorder

Recurring unexpected surges of overwhelming fear with racing heart and dread.

Persistent Depression

Chronic low mood on most days for two years or longer.

Person-Centered Therapy

Humanistic approach built on active listening and unconditional positive regard.

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Flashbacks, hypervigilance, and insomnia following a terrifying or horrific event.

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Break from reality with disorganized speech, possibly tied to dopamine imbalance.

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Intense fear of being judged or scrutinized by other people.

Systematic Desensitization

Gradually pairing relaxation with feared stimuli, from least to most frightening.

Token Economy

Rewarding desired behaviors with points or chips later exchanged for prizes.

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Unit 5B · Disorders & Treatment · Two players · Four games of Four in a Row, or two games of Fox

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If you can match, you must. If none of your three cards match, put all three on the bottom, draw three, and your turn ends.

GAME ONE

FOUR IN A ROW

Fold the sheet, lay it flat between you, and play on the top face. Each player needs a different colored pencil.

YOUR TURN

Mark the square you matched. That square is yours.

WINNING

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Board full with no line: draw.

Call it out: **"Witty!"**

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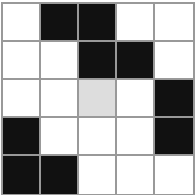
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FOX

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ANSWER KEY — *Disorders & Treatment*

Unit 5B · 24 terms · Alphabetical

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Anorexia Nervosa

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Autism Spectrum Disorder

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Biofeedback

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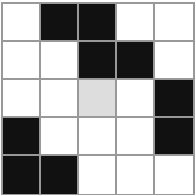
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